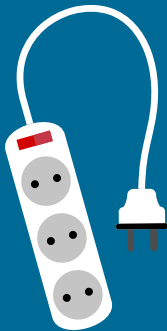# TRITONS
Try-Ten!

Eco-friendly tips you can add to your daily routine

1 USE POWER STRIPS.

Plug computer(s) and electronics into power strips. Switching off power strips at the end of the day can cut electricity usage by 20-48%.

2 CONSIDER NATURAL LIGHTING.

You can cut up to 22% of your energy use by taking advantage of natural lighting. Turn off lights when not in use.
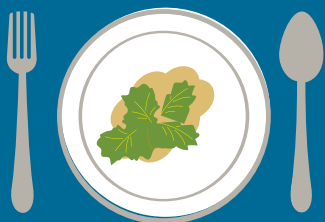
3 TURN OFF THE TAP.

Save gallons of water for every minute you turn off the tap while brushing your teeth or lathering up. The average faucet flow rate is 1-5 gallons per minute.

4 EAT WHAT'S ON YOUR PLATE.

About 40% of food produced ends up in the landfill. Reduce food waste where possible and share extra food with the Triton Pantry.
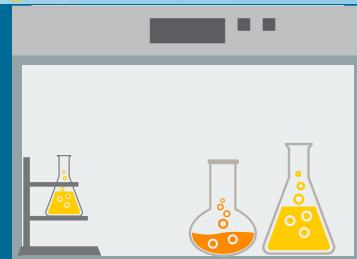
5 TAKE ALTERNATIVE TRANSIT.

Triton U-Pass provides students with unlimited rides on all regional trolley and bus routes. Take advantage of bike-share programs to get to and around campus.
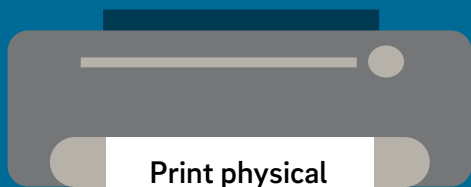
6 IF YOU WORK IN A LAB...

Shut the sash before you walk away from the fume hood. Closing the sash can cut energy use and greenhouse gas emissions by 60%.
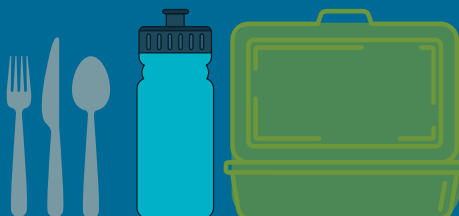
7 REDUCE PAPER USE.

Print physical copies of documents only when necessary and print on both sides whenever possible.
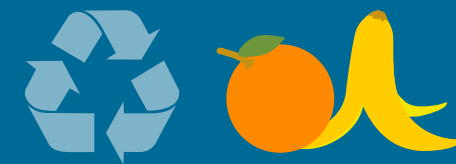
8 AVOID SINGLE-USE PLASTICS.

Use reusable shopping bags, water bottles, utensils and food containers whenever possible. Take advantage of over 125 hydration stations on campus and the Triton2Go program.

9 RECYCLE & COMPOST.

Find guides on Recycle.ucsd.edu. Did you know our campus has an anaerobic digester that turns food waste from the restaurants at Sixth College into renewable biogas and liquid fertilizer?

10 GET INVOLVED.

Learn about events, organizations and fellowships at the Inter-Sustainability Council, a coalition of sustainability organizations at UC San Diego.

UC San Diego
SUSTAINABILITY